



Dr. Michelle A. Nieves

PT, DPT, CFCE



EDUCATION



UPSTATE MEDICAL UNIVERSITY – Syracuse, New York

Doctor of Physical Therapy – May 2007
Master of Professional Studies in Physical Therapy – May 1999
Bachelor of Science in Health Sciences – December 1997



SYRACUSE UNIVERSITY – Syracuse, New York

Major: Health and Exercise Science (1994 – 1996)

Honors: Deans List (1994 – 1999)
Member of Phi Eta Sigma – Collegiate National Honors Society
Magna Cum Laude

Dissertation: Differential Diagnosis of Cervical Pain

Presentations: Fall Prevention in the Older Adult
Posture, Body Mechanics and Basic Lifting Techniques
Dementia Management
The Benefits of Therapeutic Exercise in Maintaining Functional Mobility

Additional Language: Fluent Spanish

Professional Affiliations: Member of the American Physical Therapy Association
Member of the National Association of Professional Women

Licensure: State Board of Physical Therapy in the State of New Jersey

Certifications: Occuppro Certified Functional Capacity Evaluator
American Red Cross CPR Certified
Certified Clinical Instructor



PROFESSIONAL WORK EXPERIENCE (1999 – PRESENT)



MAXIMUM FUNCTION

Owner/Chief Executive Officer

April 2015 – Present

- Provide evidence based objective functional capacity evaluations to quantify a client's level of disability and employability
- Provide expert testimony and interpretation of results of clinical assessment in a court of law

- FOX REHABILITATION – New Jersey South Shore Region**
 Regional Director House Call Division October 2010 – Jan 2015

 - Oversee clinical operations of Physical, Occupational and Speech and Language Pathologists across Atlantic and Cape May counties
 - Direct regional marketing practices across my designated region to ensure team productivity, efficiency and growth
 - Interview, hire and train clinically excellent professionals to integrate into the practice while adopting and promoting our culture and philosophy
 - Promote positive team morale and constantly support the professional growth and development of each team member

- FOX REHABILITATION – New Jersey South Shore Region**
 Staff Physical Therapist House Call Division March 2008 – 2010

 - Deliver functional evidence based physical therapy interventions to the older adult population in residential homes, adult day facilities and assisted living communities
 - Lead therapist at Sunrise Assisted Living of Galloway
 - Staff morale coordinator

- NOVACARE REHABILITATION – Linwood, New Jersey**
 Center Manager Outpatient Orthopedics March 2002 – 2008

 - Order equipment and monitor inventory within budget guidelines
 - Ensure employee compliance with center policies and procedures
 - Apply marketing skills to increase referral sources

- BAYADA HOME HEALTH CARE – Linwood, New Jersey**
 Physical Therapist Home Care March 2003 – 2005

 - Apply creative therapeutic treatment techniques in home setting for patients with varying diagnoses, ages, cultural and socioeconomic backgrounds

- NOVACARE REHABILITATION – Northfield, New Jersey**
 Staff Physical Therapist Outpatient Orthopedics December 2001 – June 2002

 - Performed functional capacity evaluations and communicated with employers regarding work hardening programs
 - Developed and implemented aquatic therapy programs
 - Served as CCCE for placement of physical therapy students and Clinical Instructor

- NOVACARE REHABILITATION – Margate, New Jersey**
 Center Manager Outpatient Orthopedics March 2000 – December 2001


 - Effectively communicate with other center managers to ensure uniformity among centers
 - Demonstrated exemplary time management, organizational and multi-task skills while providing coverage at several neighboring facilities

- LA FORTALEZA PHYSICAL THERAPY CENTER – Philadelphia, Pennsylvania**
 Staff Physical Therapist Outpatient Orthopedics November 1999 – March 2000

 - Applied creative treatment ideas in a high volume setting
 - Demonstrated effective communication skills with predominantly Spanish speaking patients of all ages
 - Integrated patients into affiliated fitness program

CONTACT INFO

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OUR SERVICES

- FUNCTIONAL CAPACITY EVALUATIONS
- WORK CONDITIONING PROGRAMS
- WORK HARDENING PROGRAMS
- POST OFFER EMPLOYMENT TESTING
- ERGONOMIC ASSESSMENTS

SOCIAL CONNECTIONS

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